

August 2017

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|--|---|---|--|---|-----------|
| | | 1 Training Center 10am-1pm Mobile Health Clinic 10-1 Budget Counseling 10-1 | 2 Training Center 10am-1pm | 3 Training Center 10am-1pm Budget Counseling 12-3 Self Defense Class 6:30-8:00 PM | 4 Training Center 10am-1pm Budget Counseling 12-3 | 5 |
| 6 | 7 Training Center 10am-1pm | 8 Training Center 10am-1pm Budget Counseling 10-1 | 9 Training Center 10am-1pm Financial Empowerment 6pm to 8pm | 10 Training Center 10am-1pm Budget Counseling 12-3 | 11 Training Center 10am-1pm Budget Counseling 12-3 | 12 |
| 13 | 14 Training Center 10am-1pm | 15 Training Center 10am-1pm Mobile Health Clinic 10-1 Budget Counseling 10-1 | 16 Training Center 10am-1pm | 17 Training Center 10am-1pm Budget Counseling 12-3 | 18 Training Center 10am-1pm Budget Counseling 12-3 | 19 |
| 20 | 21 Training Center 10am-1pm | 22 Training Center 10am-1pm Budget Counseling 10-1 | 23 Training Center 10am-1pm Smart Cooking 7-8 PM | 24 Training Center 10am-1pm Budget Counseling 12-3 | 25 Training Center 10am-1pm Budget Counseling 12-3 | 26 |
| 27 | 28 Training Center 10am-1pm | 29 Training Center 10am-1pm Budget Counseling 10-1 Healing Touch Therapy 10-2 PM | 30 Training Center 10am-1pm | 31 Training Center 10am-1pm Budget Counseling 12-3 | | |

Jobs for Life – Apply Now for Class beginning September 21st

- Eight Weeks That Will Change Your Life; a faith-based job readiness program
- Starts September 21st through November 23rd, Tues./Thurs. 6-8pm

Smart Cooking! – Learn simple recipes for inexpensive healthy eating. Free Groceries.
 Free - space is limited, must register.

Self-Defense – Learn to protect yourself by trained instructors.

Healing Touch Therapy – Sign Up for a 30 minute session with a Certified Healing Touch Practitioner and UNC School Nursing Instructor.

For more info: ask in the Crisis Ministry, email outreach@dorcas-cary.org
 or call 919-469-9861, ext 204