

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Training Center 10am-1pm	2
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> 1:1 Budget Counseling available by appointment on select dates. Call (919) 469-9861 x 204 to schedule an appointment </div>						
3	4 Training Ctr. 10am-1pm 1 : 1 Budget Counseling 10-1	5 Training Center 10am-1pm Mobile Health Clinic 10-2 Budget Counseling 10-1	6 Training Center 10am-1pm	7 Training Center 10am-1pm 1 : 1 Budget Counseling 12-3 JOBS for LIFE Starts!	8 Training Center 10am-1pm 1 : 1 Budget Counseling 12-3	9
10	11 Training Ctr. 10am-1pm 1 : 1 Budget Counseling 10-1	12 Training Ctr. 10am-1pm Mobile Health Clinic 10-2 1 : 1 Budget Counseling 10-1	13 Training Center 10am-1pm Financial Empowerment 6 - 8 PM	14 Training Center 10am-1pm 1 : 1 Budget Counseling 12-3	15 Training Center 10am-1pm 1 : 1 Budget Counseling 12-3	16
17	18 Training Ctr. 10am-1pm 1 : 1 Budget Counseling 10-1	19 Training Center 10am-1pm Mobile Health Clinic 10-2 Budget Counseling 10-1 Eat Smart 1-2 PM	20 Training Center 10am-1pm	21 Training Center 10am-1pm 1 : 1 Budget Counseling 12-3	22 Training Center 10am-1pm Interview Skills 10:30 - 12:30 Pizza and Parenting! 6:30 - 8:00	23
24	25 Training Ctr. 10am-1pm 1 : 1 Budget Counseling 10-1	26 Training Ctr. 10am-1pm Mobile Health Clinic 10-2 1 : 1 Budget Counseling 10-1	27 Training Center 10am-1pm Smart Cooking 7-8 PM	28 Training Center 10am-1pm 1 : 1 Budget Counseling 12-3		

Pizza and Parenting – 6 week course/Friday evenings. Bring your spouse or significant other! Drop-In childcare provided.

Eat Smart - Nutrition class taught by UNC Nursing – gift card given to each student.

Interview Skills – Learn what to say and what NOT to say!

Smart Cooking – Healthy and inexpensive recipes - Free groceries to make recipes at home.

For more information or to register for upcoming classes: Ask in the Client Services, email clientservices@dorcascary.org or call 919-469-9861, ext 204

