

## September 2018

y	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 <b>Labor Day</b> Offices Closed	4 Training Center 10am-1pm <b>Mobile Health Clinic 10-2 PM</b> 1 on 1 Budget Counseling 10-1	5 Training Center 10am-1pm <b>Parent/Child Safety 6-8 PM</b>	6 Training Center 10am-1pm 1 on 1 Budget Counseling 12-3 <b>De-Stress Through Art 7-8 PM</b>	7 Training Center 10am-1pm 1 on 1 Budget Counseling 12-3	8
9	10 Training Ctr. 10am-1pm 1 on 1 Budget Counseling 10-1	11 Training Center 10am-1pm 1 on 1 Budget Counseling 10-1	12 Training Center 10am-1pm <b>Financial Empowerment 6pm to 8pm</b>	13 Training Center 10am-1pm 1 on 1 Budget Counseling 12-3	14 Training Center 10am-1pm 1 on 1 Budget Counseling 12-3	15
16	17 Training Ctr. 10am-1pm 1 on 1 Budget Counseling 10-1	18 Training Center 10am-1pm <b>Mobile Health Clinic 10-2 PM</b> 1 on 1 Budget Counseling 10-1 <b>Living with Diabetes 1-2 PM</b>	19 Training Center 10am-1pm <b>Smart Cooking 7-8 PM</b>	20 Training Center 10am-1pm 1 on 1 Budget Counseling 12-3 <b>Couponing 101 7-8 PM</b>	21 Training Center 10am-1pm 1 on 1 Budget Counseling 12-3	22
23	24 <b>Mock Interview Workshop 9:30 - 1:00</b> Training Center Closed	25 Training Center 10am-1pm 1 on 1 Budget Counseling 10-1	26 <b>Mock Interview Workshop 9:30 - 1:00</b> Training Center Closed	27 Training Center 10am-1pm 1 on 1 Budget Counseling 12-3	28 Training Center 10am-1pm 1 on 1 Budget Counseling 12-3 <b>Job Search Basics 10:30-12:30</b>	29

*Learn strategies for surviving on a tight budget, ways to repair your credit score and more!*

**JOBS FOR LIFE – APPLY NOW FOR CLASS BEGINNING SEPTEMBER 25<sup>th</sup>**

- Eight Weeks That Will Change Your Life; a faith-based job readiness program
- Starts September 25<sup>th</sup> through November 15<sup>th</sup>, Tues./Thurs. 6-8pm

**PARENT/CHILD SAFETY**-Bring your child (8-12 yrs old) to learn from a professional how to stay safe.

**DE-STRESSING THROUGH ART** – Come relax and create with modeling clay and jewelry making.

**LIVING WITH DIABETES** – Taught by UNC School of Nursing.

**SMART COOKING** – Cheap and Healthy Meals presented and sampled. Free Groceries!

**COUPONING 101**- Learn multiple ways to save on your weekly shopping. Free gift card to get started.

**MOCK INTERVIEW WORKSHOP** – Comprehensive two day course/breakfast and clothing voucher provided.

**JOB SEARCH BASICS** – Find that new job with ease!

**YOU MUST REGISTER FOR ALL CLASSES.** For more info: ask in the Client Services, email [clientservices@dorcascary.org](mailto:clientservices@dorcascary.org), or call 919-469-9861,ext 204